

Swim Wales National Championships 2025 - 24/04/2025 to 27/04/2025
Meet Program - Session 7 (Warmup 8.00 - 9.00)

Event 301 Men 14 & Over 50 LC Meter Freestyle				
Lane	Name	Age	Team	Seed Time
Heat 1 of 11 Prelims				
1				—
2				—
3	%Williams, Dylan S14	21	Torfaen D	33.50
4	Morgan, Cole	14	C Dolphins	29.58
5	Mills, Thomas	14	Nofio S Gar	30.01
6	%Hobbs, Alex S7	20	Swansea Uni	39.19
7				—
8				—
Heat 2 of 11 Prelims				
1	Williams, Sion	14	Nofio Bangor	29.53
2	Volausek, Noah	14	Co Cardiff	29.43
3	Gregory, Jaiden	14	Co Cardiff	29.17
4	Stanford-Jason, Samuel	14	Salisbury	29.00
5	Harwood, Jack	14	Pembs Cty	29.10
6	Jones, Noah	14	Torfaen D	29.40
7	Williams, Dylan	14	Wrexham	29.49
8	%Read, William S14	17	Swansea Aq	29.55
Heat 3 of 11 Prelims				
1	Gilligan, Henry	15	Rct Squad	28.47
2	Stuart-Lavender, Jac	15	Nofio S Gar	28.41
3	Jones, Sebastien	15	Torfaen D	28.32
4	Elmes, Max	14	Nofio S Gar	27.90
5	Shiland-Griffiths, Enzo	15	NofioGwynedd	27.98
6	Bastyan, Tobias-Luke	14	Torfaen D	28.36
7	Armstrong, Austin	15	Buckley	28.47
8	Taylor, Nicholas	14	Torfaen D	28.49
Heat 4 of 11 Prelims				
1	Roberts-Truman, Harri	15	Neath	27.80
2	Miles, Harry	15	Co Cardiff	27.76
3	Phillips, Finley	15	Nofio S Gar	27.59
4	Davies, Lewis	16	NofioGwynedd	27.46
5	Howells, Tom	16	Newtown	27.48
6	Duggan, Elliot	14	Bridgend Cty	27.69
7	Jones, Tegid	15	NofioGwynedd	27.78
8	Linge, Reece	14	EllesmereCSA	27.80
Heat 5 of 11 Prelims				
1	Phillips, Ioan	15	Neath	27.40
2	Jones, Jayden	14	Caerphilly	27.27
3	Hewitt, Archie	15	Torfaen D	27.11
4	Mills, Ioan	16	Torfaen D	27.02
5	Wren, James	17	Cambrian AA	27.10
6	Latham, Elliot	15	Winchester	27.27
7	Castillo, Airam	14	Co Cardiff	27.34
8	Meilleur, Elliot	15	NofioGwynedd	27.44
Heat 6 of 11 Prelims				
1	Sellick, Fenn	17	Swansea Aq	26.97
2	Chapman, Coby	16	Penyrheol	26.88
3	Fletcher, Miles	15	Co Cardiff	26.75
4	Bie, Alfie	17	Cambrian AA	26.60
5	Brinkworth, James	16	Caradon	26.70
6	Park, Reggie Samuel	15	Holywell	26.80
7	Wilson, Aidan	16	Conwy	26.96
8	Deacon, Cameron	15	Co Cardiff	27.01

Heat 7 of 11 Prelims				
1	Estrada Aburto, Diego	28	Swansea Uni	26.59
2	Ogden, Dylan	17	Redditch	26.40
3	Davies, William	18	Co Newport	26.33
4	Bebb, Lewis	18	Newtown	26.23
5	Douglas, Lucas	14	Neath	26.30
6	Divers, Connor	18	Caerphilly	26.35
7	Caddy, Alexander	18	Caradon	26.58
8	Spinks, Owen	17	Torfaen D	26.59
Heat 8 of 11 Prelims				
1	Montague, Mason	17	Pembs Cty	26.07
2	Upton-Boorman, Liam	18	Nofio S Gar	26.00
3	Williams, Noa	17	Nofio Bangor	25.91
4	Major, Sebastian	19	Co Newport	25.70
5	Holland, Tyler	17	EllesmereCSA	25.79
6	Jasinski, Hubert	18	Co Newport	25.98
7	James, Jack	18	Torfaen D	26.05
8	Cressey-Rodgers, Ioan	20	Nofio S Gar	26.08
Heat 9 of 11 Prelims				
1	Wright, Ethan	23	Nofio Bangor	25.55
2	McCarthy, Benedict	16	Co Cardiff	24.90
3	Lee, Ethan	19	Co Cardiff	24.34
4	Burton, Matt	24	Swansea Uni	23.79
5	Sadberry, Jack	21	Swansea Uni	24.19
6	Edwards, Dion	18	NofioGwynedd	24.69
7	Thomas, Rhys	20	Swansea Uni	25.39
8	Clarke, Henry	18	Swansea Aq	25.68
Heat 10 of 11 Prelims				
1	Minshull, Callum	21	Swansea Uni	25.50
2	Delahay, Ioan	22	Uni of Man	24.79
3	Johnstone, Daniel	18	Nofio S Gar	24.28
4	Docking-Smith, Frankie	21	Swansea Uni	23.70
5	Gillett, Oliver	18	Swansea Uni	24.04
6	Young, Alex	18	Rhyl Dolphin	24.60
7	Major, Maximus	15	Co Newport	25.32
8	Pugh, Morgan	18	Torfaen D	25.65
Heat 11 of 11 Prelims				
1	Silverstone, Solomon	16	Pembs Cty	25.50
2	Lennon, Danny	17	Wrexham	24.72
3	McCarthy, Samuel	20	Co Cardiff	24.25
4	Davies, Evan	19	Co Cardiff	23.49
5	Greenway, Morgan	22	Swansea Uni	23.83
6	Barlow, Oscar	20	Swansea Uni	24.50
7	Evans, Monty	18	Gloucester	25.16
8	%Broom, Dylan S14	23	Swansea Uni	25.64

Event 302 Female 14 & Over 50 LC Meter Freestyle				
Lane	Name	Age	Team	Seed Time
Heat 1 of 10 Prelims				
1	%Mesher, Anwen S9	16	Torfaen D/3,5,12,+	44.30
2	%Rogerson, Heidi	18	Holywell/A,12,+	38.90
3	Kaleta, Lena	14	Co Newport	31.30
4	McFarlane, Una	14	Pembs Cty	31.27
5	Scofield, Niamh	14	Rct Squad	31.30
6	%Butt, Chloe S9	31	Caerphilly/A,9	36.14
7	%Philpott, Lowri S14	14	Nofio S Gar	41.10
8				—

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Heat 2 Prelims (#302 Female 14 & Over 50 LC Meter Freestyle)				
1	Jones, Hunydd	14	Nofio S Gar	31.12 ____
2	Griffiths, Elizabeth	14	Pembs Cty	31.09 ____
3	Williams, Leah	14	NofioGwynedd	30.99 ____
4	Duggan, Grace	14	Rct Squad	30.88 ____
5	Goodman, Evie	14	Swansea Aq	30.92 ____
6	Cooksey-Owen, Ruby-Mae	14	Co Cardiff	30.99 ____
7	Jones Churm, Nel	14	NofioGwynedd	31.10 ____
8	Griffiths, Ffion	14	Pembs Cty	31.15 ____
Heat 3 of 10 Prelims				
1	Layland, Seren	14	Penyrheol	30.53 ____
2	Burns, Freya	14	Nofio S Gar	30.29 ____
3	Evans, Gwennan	15	Co Cardiff	30.20 ____
4	Thurston, Rene	14	Newtown	30.10 ____
5	Parfitt, Kali	15	Torfaen D	30.20 ____
6	Miller, Ailla	15	Ruthin	30.27 ____
7	Sutton, Emily	14	NofioGwynedd	30.40 ____
8	Goodman, Lola	14	Swansea Aq	30.80 ____
Heat 4 of 10 Prelims				
1	Bissicks, Cari	14	Neath	30.09 ____
2	Duggan, Ella	14	Rct Squad	30.04 ____
3	Mustey, Elizabeth	14	Monnow	29.91 ____
4	Grimes, Idena	14	Nofio Bangor	29.80 ____
5	Roberts, Mali	15	NofioGwynedd	29.83 ____
6	Reed, Isabella	14	Co Cardiff	30.00 ____
7	Richards, Faith	15	Co Cardiff	30.09 ____
8	Innocent-Woodman, Aurelia	14	Co Cardiff	30.10 ____
Heat 5 of 10 Prelims				
1	Allen, Isabel	14	Co Cardiff	29.64 ____
2	Fitzgerald, Mali	15	Bridgend Cty	29.54 ____
3	Hughes, Nel	14	NofioGwynedd	29.31 ____
4	Sullivan, Ariana	15	Torfaen D	29.27 ____
5	Edwards, Alaw	15	NofioGwynedd	29.30 ____
6	Rees, Maisie	15	Rct Squad	29.51 ____
7	Ach Rhys, Emyllt	15	NofioGwynedd	29.60 ____
8	Devin, Erin	15	Wrexham	29.67 ____
Heat 6 of 10 Prelims				
1	Daniel, Megan	15	Caradon	29.20 ____
2	Clissold, Bronwyn	17	Pembs Cty	28.97 ____
3	King, Marley	17	Penyrheol	28.82 ____
4	Givvons, Imogen	15	Co Newport	28.68 ____
5	Worthington, Emma	17	Chirk	28.70 ____
6	Carter, Ava	17	Penyrheol	28.90 ____
7	Thomas, Serenity	15	NofioGwynedd	29.10 ____
8	Nicholls, Esther	15	Caerphilly	29.24 ____
Heat 7 of 10 Prelims				
1	Day, Hannah	17	Co Cardiff	28.50 ____
2	Marshall, Ffion	15	Co Cardiff	28.37 ____
3	Dewsbury, Daisy	20	Swansea Uni	28.32 ____
4	Schumm, Libby	16	Torfaen D	28.27 ____
5	Willis, Hannah	20	Swansea Uni	28.30 ____
6	Leggott, Holly	23	Swansea Uni	28.33 ____
7	Taylor, Phoebe	19	ForestofDean	28.46 ____
8	Geach, Libbie	16	Neath	28.60 ____

Heat 8 of 10 Prelims				
1	Dwyfor-Clark, Efa	16	NofioGwynedd	28.05 ____
2	Sherrard, Emme	16	Torfaen D	27.69 ____
3	Crawley, Abigail	20	Swansea Uni	27.20 ____
4	Woodcock, Hannah	21	Swansea Uni	26.53 ____
5	Croke, Carys	18	Torfaen D	27.12 ____
6	Hempenstall, Amy	17	Guildford Ct	27.41 ____
7	Nichols, Grace	15	Pembs Cty	27.79 ____
8	Stork, Niamh	21	Co Cardiff	28.22 ____
Heat 9 of 10 Prelims				
1	Griffiths, Cerys	15	Pembs Cty	28.00 ____
2	Owen, Gracie	17	Torfaen D	27.50 ____
3	De Torres, Rebecca	21	Co Cardiff	27.20 ____
4	Broder, Libby	19	Co Cardiff	26.26 ____
5	Dickinson, Jessica	20	Swansea Uni	27.10 ____
6	Fox, Honor	18	Co Cardiff	27.35 ____
7	Lush, Emily	23	Swansea Uni	27.77 ____
8	Stokes, Aimee	21	Swansea Uni	28.18 ____
Heat 10 of 10 Prelims				
1	Humphreys, Ffion	17	NofioGwynedd	27.92 ____
2	Rose, Katie	19	Swansea Uni	27.43 ____
3	Stead, Martha	20	Swansea Uni	27.17 ____
4	Taylor, Theodora	16	Torfaen D	25.27 ____
5	Jones, Isabella	20	Nofio S Gar	26.85 ____
6	Beynon, Annaliese	25	Co Cardiff	27.32 ____
7	Anderson, Rosalie	15	Co Cardiff	27.70 ____
8	Jones, Maisie	15	Co Cardiff	28.08 ____
Event 303 Men 14 & Over 400 LC Meter Freestyle				
Lane	Name	Age	Team	Seed Time
Heat 1 of 5 Prelims				
1	Stanford-Jason, Samuel	14	Salisbury	4:59.48 ____
2	Mills, Thomas	14	Nofio S Gar	4:58.05 ____
3	Harvey, Hugo	14	Co Cardiff	4:51.40 ____
4	Duggan, Brandon	15	Co Cardiff	4:44.70 ____
5	Duggan, Elliot	14	Bridgend Cty	4:47.01 ____
6	Baldwin, Thomas	14	Holywell	4:55.85 ____
7	Harwood, Jack	14	Pembs Cty	4:58.20 ____
8	%O'Reilly, McKenzie S8	16	Torfaen D/A,12,+	6:00.60 ____
Heat 2 of 5 Prelims				
1	Shiland-Griffiths, Enzo	15	NofioGwynedd	4:44.10 ____
2	Gwynfil, Solomon	15	Co Cardiff	4:41.81 ____
3	Elmes, Max	14	Nofio S Gar	4:40.20 ____
4	Latham, Elliot	15	Winchester	4:32.86 ____
5	Davies, Tom	15	Co Newport	4:38.60 ____
6	Parfitt, Sebastian	15	Co Cardiff	4:41.60 ____
7	Caldicott, Lewis	15	Co Newport	4:42.90 ____
8	Taylor, Nicholas	14	Torfaen D	4:44.49 ____
Heat 3 of 5 Prelims				
1	Park, Reggie Samuel	15	Holywell	4:28.50 ____
2	Bennett, Finley	16	Pembs Cty	4:26.50 ____
3	Davies, William	18	Co Newport	4:23.60 ____
4	Major, Maximus	15	Co Newport	4:19.69 ____
5	%Broom, Dylan S14	23	Swansea Uni	4:20.00 ____
6	Edwards, Ross	16	Co Cardiff	4:25.64 ____
7	Williams, Owen	16	NofioGwynedd	4:27.78 ____
8	Williams, Thomas	15	Nofio S Gar	4:32.70 ____

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Heat 4 Prelims (#303 Men 14 & Over 400 LC Meter Freestyle)

1	Neaves, Archie	20	Swansea Uni	4:14.00	_____
2	Prysor, Sami	18	EllesmereCSA	4:10.60	_____
3	Owen, Vinnie	17	Co Cardiff	4:08.46	_____
4	Staines, Luca	21	Swansea Uni	4:01.90	_____
5	Geysen-Holley, Max	20	Co Cardiff	4:07.18	_____
6	Parsons, Joseph	18	Co Cardiff	4:09.60	_____
7	Keeble, Alex	21	Swansea Uni	4:11.90	_____
8	Morgan, Lewis	18	Bridgend Cty	4:18.55	_____

Heat 5 of 5 Prelims

1	Clegg, Luke	20	Swansea Uni	4:12.94	_____
2	Gillett, Oliver	18	Swansea Uni	4:10.20	_____
3	Lee, Jacob	19	Swansea Uni	4:07.27	_____
4	O'Brien, Joshua	20	Co Cardiff	3:59.90	_____
5	Bamborough, Jack	17	Co Cardiff	4:05.00	_____
6	Nerushenko, Valeriy	20	Swansea Uni	4:09.30	_____
7	Ellis-Sixsmith, Lucas	18	Cambrian AA	4:11.00	_____
8	Twigger, Owen	16	Swansea Aq	4:16.24	_____

Event 304 Female 14 & Over 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 6 Prelims

1					_____
2					_____
3	%Rice, Lily SB7	21	Pembs Cty/A,12,+	1:41.10	_____
4	Sheen, Seren	14	Co Newport	1:28.30	_____
5	Young, Lily	14	Chirk	1:28.40	_____
6	%Philpott, Lowri SB14	14	Nofio S Gar	1:53.10	_____
7					_____
8					_____

Heat 2 of 6 Prelims

1	Madra, Victoria	14	Wrexham	1:27.80	_____
2	Williams, Leah	14	NofioGwynedd	1:27.30	_____
3	Knight, Lily	15	Swansea Aq	1:24.60	_____
4	Lewis, Orla Rose	15	Torfaen D	1:23.06	_____
5	McQuaid, Maria	14	Co Cardiff	1:24.54	_____
6	Lewis-Jones, Idele	14	Wrexham	1:25.01	_____
7	Patterson, Hollie	14	Nofio S Gar	1:27.70	_____
8	Hall, Isabelle	14	Pembs Cty	1:27.80	_____

Heat 3 of 6 Prelims

1	Ribeiro, Ariana	14	Co Cardiff	1:22.80	_____
2	Stark, Tala	15	Pembs Cty	1:21.80	_____
3	Faulkner, Marie	20	Co Cardiff	1:20.40	_____
4	Day, Hannah	17	Co Cardiff	1:19.58	_____
5	Dowling, Abigail	14	Co Cardiff	1:19.69	_____
6	Johnson, Poppy	16	Holywell	1:21.11	_____
7	Ling, Olivia	15	Co Cardiff	1:22.30	_____
8	Davies, Isabella	14	Nofio S Gar	1:22.84	_____

Heat 4 of 6 Prelims

1	Owen, Kessie	17	Neath	1:19.12	_____
2	Davies, Ellen	16	Chirk	1:18.40	_____
3	Gorman, Helen	53	Co Cardiff	1:16.13	_____
4	Brassington, Sophie	19	Swansea Uni	1:11.99	_____
5	Bissicks, Ella	18	Swansea Uni	1:14.39	_____
6	Mercer, Olivia	21	Swansea Uni	1:17.08	_____
7	Gibbs, Harriet	17	Nofio S Gar	1:18.70	_____
8	Gardener, Hannah	16	Bridgend Cty	1:19.50	_____

Heat 5 of 6 Prelims

1	Roberts, Megan	18	Wrexham	1:18.80	_____
2	Taffetsauffer, Isabella	14	Nofio S Gar	1:18.28	_____
3	Huellou, Claire	20	Swansea Uni	1:15.52	_____
4	Woodcock, Hannah	21	Swansea Uni	1:11.30	_____
5	Evans, Gwenllian	16	Co Cardiff	1:14.31	_____
6	Wheeler, Oriana	20	Swansea Uni	1:16.96	_____
7	Worthington, Emma	17	Chirk	1:18.60	_____
8	Turner, Jasmine	16	Caradon	1:19.50	_____

Heat 6 of 6 Prelims

1	Matthews, Elin	15	Co Cardiff	1:18.74	_____
2	Smith, Amelia	17	Co Cardiff	1:17.58	_____
3	Williams, Cari	16	Nofio Bangor	1:15.30	_____
4	Crowley, Amy	20	Co Cardiff	1:09.48	_____
5	Gibson, Mari	17	Co Cardiff	1:12.49	_____
6	Williams, Lowri	15	Swansea Aq	1:16.80	_____
7	Andrews, Bella	15	Co Newport	1:18.58	_____
8	Lythgoe, Manon	16	Swansea Aq	1:19.41	_____

Event 305 Men 14 & Over 200 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 5 Prelims

1					_____
2					_____
3	Sekula, Szymon	14	Rct Squad	2:56.20	_____
4	Volausek, Noah	14	Co Cardiff	2:55.52	_____
5	Lovell, Logan	14	Swindon Dolp	2:56.17	_____
6	Williams, Sion	14	Nofio Bangor	3:01.90	_____
7					_____
8					_____

Heat 2 of 5 Prelims

1	Warman-Powell, Ioan	15	Torfaen D	2:50.20	_____
2	Stanford-Jason, Samuel	14	Salisbury	2:49.80	_____
3	Stuart-Lavender, Jac	15	Nofio S Gar	2:47.93	_____
4	Williams, Luke	17	Co Newport	2:43.50	_____
5	Miles, Harry	15	Co Cardiff	2:47.00	_____
6	Sekula, Mateusz	14	Rct Squad	2:47.95	_____
7	Jones, Noah	14	Torfaen D	2:49.90	_____
8	Shiland-Griffiths, Enzo	15	NofioGwynedd	2:51.54	_____

Heat 3 of 5 Prelims

1	Hughes, Cai	16	Nofio Bangor	2:41.80	_____
2	Phillips, Finley	15	Nofio S Gar	2:36.75	_____
3	Evans, Ieuan	18	Cambrian AA	2:32.62	_____
4	Walford, Nathan	20	Swansea Uni	2:23.20	_____
5	Lovell-Pascal, Jean-Luc	20	Swansea Uni	2:27.00	_____
6	Song, Guangping	16	EllesmereCSA	2:34.67	_____
7	Thomas, Archie	15	Co Cardiff	2:38.45	_____
8	Leatherbarrow, Jack	17	Wrexham	2:43.30	_____

Heat 4 of 5 Prelims

1	Bostock, Dyfan	15	Wrexham	2:39.32	_____
2	Richardson, Osian	17	Swansea Aq	2:35.70	_____
3	Thomas, Lucas	17	NofioGwynedd	2:31.95	_____
4	Sheppard, Rhydian	18	Co Cardiff	2:23.00	_____
5	Davies, Aneurin	21	Swansea Uni	2:24.06	_____
6	Greenslade, Benjamin	15	Tiverton	2:34.40	_____
7	Hole, Ethan	16	Co Cardiff	2:38.38	_____
8	Chalk, William	17	Co Newport	2:43.00	_____

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Heat 5 Prelims (#305 Men 14 & Over 200 LC Meter Breaststroke)

1	James, Rhys	16	Rct Squad	2:38.60	_____
2	Bennett, Finley	16	Pembs Cty	2:35.22	_____
3	Hoey, Luke	23	Swansea Uni	2:27.30	_____
4	Anderson, Maxwell	20	Co Cardiff	2:14.87	_____
5	Lee, Tristan	19	Co Cardiff	2:23.79	_____
6	Neaves, Jake	16	EllesmereCSA	2:33.90	_____
7	Meilleur, Elliot	15	NofioGwynedd	2:36.90	_____
8	Doyle, Alfie	17	Co Newport	2:41.90	_____

Event 306 Female 14 & Over 200 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Prelims

1					_____
2	Daniel, Isobel	14	Sevenoaks	2:44.70	_____
3	Daniel, Megan	15	Caradon	2:35.29	_____
4	Davies, Megan	20	Swansea Uni	2:19.91	_____
5	Hall, Emily	15	Warrington W	2:27.40	_____
6	Tejedo, Lola	14	Co Cardiff	2:38.69	_____
7					_____
8					_____

Heat 2 of 3 Prelims

1					_____
2	McCavish, Cara	14	Farnham	2:44.43	_____
3	Bates, Molly	14	Wrexham	2:34.81	_____
4	Wheeler, Oriana	20	Swansea Uni	2:18.60	_____
5	Andrews, Joanne	15	EllesmereCSA	2:27.10	_____
6	Schumm, Libby	16	Torfaen D	2:38.20	_____
7	George, Ellie	14	Rct Squad	2:47.13	_____
8					_____

Heat 3 of 3 Prelims

1					_____
2	Griffiths, Cerys	15	Pembs Cty	2:39.20	_____
3	Cust, Ciara	18	Conwy	2:27.60	_____
4	Roberts, Catherine Elin	22	Swansea Uni	2:14.38	_____
5	Hunter, Olivia	21	Swansea Uni	2:21.10	_____
6	Taylor, Rebecca	15	Wrexham	2:36.03	_____
7	Dash, Amelie	14	Pembs Cty	2:47.00	_____
8					_____

Event 307 Men 14 & Over 100 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 7 Prelims

1					_____
2	Harvey, Hugo	14	Co Cardiff	1:10.80	_____
3	Bastyan, Tobias-Luke	14	Torfaen D	1:09.48	_____
4	Linge, Reece	14	EllesmereCSA	1:08.90	_____
5	Duggan, Elliot	14	Bridgend Cty	1:09.45	_____
6	Williams, Dylan	14	Wrexham	1:10.15	_____
7	%Read, William S14	17	Swansea Aq	1:18.80	_____
8					_____

Heat 2 of 7 Prelims

1	Jones, Sebastien	15	Torfaen D	1:08.34	_____
2	Gruffydd, Ned	15	Co Cardiff	1:07.18	_____
3	Hewitt, Archie	15	Torfaen D	1:06.07	_____
4	Williams, Thomas	15	Nofio S Gar	1:05.63	_____
5	Evans, Thomas	16	Kingston Roy	1:05.94	_____
6	Williams, Owen	16	NofioGwynedd	1:06.41	_____
7	Gwynfil, Solomon	15	Co Cardiff	1:07.62	_____
8	Jones, Jayden	14	Caerphilly	1:08.68	_____

Heat 3 of 7 Prelims

1	Montague, Mason	17	Pembs Cty	1:04.80	_____
2	Lennon, Danny	17	Wrexham	1:04.30	_____
3	Thomas, Iolo	15	Neath	1:04.01	_____
4	Spinks, Owen	17	Torfaen D	1:03.20	_____
5	%Broom, Dylan S14	23	Swansea Uni	1:03.40	_____
6	Douglas, Lucas	14	Neath	1:04.10	_____
7	Sellick, Fenn	17	Swansea Aq	1:04.60	_____
8	Meilleur, Elliot	15	NofioGwynedd	1:05.54	_____

Heat 4 of 7 Prelims

1	McLain, Archie	19	Torfaen D	1:02.80	_____
2	Cavill, Jack	15	Co Cardiff	1:02.55	_____
3	West, Dexter	16	Pembs Cty	1:01.60	_____
4	Major, Maximus	15	Co Newport	1:01.49	_____
5	Silverstone, Solomon	16	Pembs Cty	1:01.50	_____
6	Evans, Monty	18	Gloucester	1:01.69	_____
7	Keeble, Alex	21	Swansea Uni	1:02.62	_____
8	Deacon, Cameron	15	Co Cardiff	1:02.89	_____

Heat 5 of 7 Prelims

1	Ryan, Samuel	19	Swansea Uni	1:00.13	_____
2	Wright, Ethan	23	Nofio Bangor	58.90	_____
3	Davies, Evan	19	Co Cardiff	57.44	_____
4	Rodriguez, Antonio	21	Swansea Uni	55.90	_____
5	Edwards, Dion	18	NofioGwynedd	56.15	_____
6	Arch, Rhydian	20	Co Cardiff	58.08	_____
7	Bamborough, Jack	17	Co Cardiff	59.50	_____
8	Rixon, Oliver	17	Co Newport	1:00.76	_____

Heat 6 of 7 Prelims

1	Prysor, Sami	18	EllesmereCSA	1:00.11	_____
2	Thomas, Lucas	17	NofioGwynedd	58.73	_____
3	Burns, Harry	20	Co Cardiff	57.23	_____
4	Barlow, Oscar	20	Swansea Uni	55.66	_____
5	Anderson, Maxwell	20	Co Cardiff	55.99	_____
6	Murray, Ross	20	Swansea Uni	58.00	_____
7	McCarthy, Benedict	16	Co Cardiff	59.30	_____
8	Pugh, Morgan	18	Torfaen D	1:00.27	_____

Heat 7 of 7 Prelims

1	Bebb, Lewis	18	Newtown	1:00.00	_____
2	Cressey-Rodgers, Ioan	20	Nofio S Gar	58.43	_____
3	Lee, Ethan	19	Co Cardiff	56.79	_____
4	Edwards, Rhys	23	Swansea Uni	53.84	_____
5	Knight, Jack	22	Co Cardiff	55.93	_____
6	%Darbey, Rhys S14	18	Cambrian AA	57.77	_____
7	Holland, Tyler	17	EllesmereCSA	59.02	_____
8	Chapman, Nathan	21	Swansea Uni	1:00.13	_____

Event 308 Female 14 & Over 200 LC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 12 Prelims

1					_____
2					_____
3	%Lawn, Pippa SM14	15	Torfaen D	3:21.10	_____
4	Williams, Gwenno	14	NofioGwynedd	2:49.70	_____
5	Sheen, Seren	14	Co Newport	2:50.00	_____
6					_____
7					_____
8					_____

Swim Wales National Championships 2025 - 24/04/2025 to 27/04/2025

Meet Program - Session 7 (Warmup 8.00 - 9.00)

Heat 2 Prelims (#308 Female 14 & Over 200 LC Meter IM)

1				
2	Innocent-Woodman, Aurelia	14	Co Cardiff	2:48.60
3	Williams, Poppy	14	Nofio Bangor	2:46.20
4	Upton-Boorman, Isabella	15	Nofio S Gar	2:46.00
5	Jones, Hunydd	14	Nofio S Gar	2:46.12
6	Williams, Leah	14	NofioGwynedd	2:46.70
7	Patterson, Hollie	14	Nofio S Gar	2:49.50
8				

Heat 3 of 12 Prelims

1	Connolly, Juliette	15	Conwy	2:45.20
2	Fowler, Maisie	14	Rct Squad	2:44.90
3	Hughes, Nel	14	NofioGwynedd	2:44.41
4	%Willis, Meghan SM9	18	Torfaen D/1,3,5	2:43.70
5	McFarlane, Una	14	Pembs Cty	2:44.31
6	McCoole-Jones, Elen	14	Holywell	2:44.80
7	Sutton, Emily	14	NofioGwynedd	2:45.00
8	Thurston, Rene	14	Newtown	2:45.30

Heat 4 of 12 Prelims

1	Jones, Isabella	15	Bridgend Cty	2:43.10
2	Lewis-Jones, Idele	14	Wrexham	2:43.00
3	Bissicks, Cari	14	Neath	2:42.70
4	Parfitt, Kali	15	Torfaen D	2:41.95
5	%Webb, Saskia SM14	18	Pembs Cty	2:42.60
6	Davies, Isabella	14	Nofio S Gar	2:42.70
7	Dash, Amelie	14	Pembs Cty	2:43.10
8	Galdes Cutting, Daisy	14	Pembs Cty	2:43.50

Heat 5 of 12 Prelims

1	Evans, Gwennan	15	Co Cardiff	2:41.70
2	Goddard, Amy	16	Rct Squad	2:41.30
3	Edwards, Alaw	15	NofioGwynedd	2:41.00
4	Stark, Tala	15	Pembs Cty	2:40.30
5	Sullivan, Ariana	15	Torfaen D	2:40.90
6	Davies, Ellen	16	Chirk	2:41.20
7	Synowiec, Amelia	15	Conwy	2:41.60
8	McQuaid, Maria	14	Co Cardiff	2:41.90

Heat 6 of 12 Prelims

1	Turner, Jasmine	16	Caradon	2:39.60
2	Burns, Freya	14	Nofio S Gar	2:39.30
3	Jones, Myia	17	Wrexham	2:39.20
4	Taffetsauffer, Isabella	14	Nofio S Gar	2:38.80
5	Dowling, Abigail	14	Co Cardiff	2:39.00
6	Huws, Awen	17	Rct Squad	2:39.30
7	O'Mahoney, Kaitlin	17	Bridgend Cty	2:39.40
8	Grimes, Idena	14	Nofio Bangor	2:39.60

Heat 7 of 12 Prelims

1	Williams, Marys	16	Swansea Aq	2:38.10
2	King, Marley	17	Penyrheol	2:37.20
3	Reed, Isabella	14	Co Cardiff	2:37.11
4	Ach Rhys, Esysllt	15	NofioGwynedd	2:36.70
5	Roberts, Mali	15	NofioGwynedd	2:37.10
6	Gardener, Hannah	16	Bridgend Cty	2:37.20
7	Lewis, Orla Rose	15	Torfaen D	2:37.77
8	Bates, Molly	14	Wrexham	2:38.48

Heat 8 of 12 Prelims

1	Gillingham, Grace	21	Nofio Bangor	2:36.50
2	Williams, Cari	16	Nofio Bangor	2:36.10
3	Faulkner, Marie	20	Co Cardiff	2:35.60
4	Allen, Isabel	14	Co Cardiff	2:35.42
5	Gibbs, Harriet	17	Nofio S Gar	2:35.50
6	Matthews, Elin	15	Co Cardiff	2:35.91
7	Hellfeld, Beatrix	18	Nofio Bangor	2:36.30
8	Ribeiro, Ariana	14	Co Cardiff	2:36.50

Heat 9 of 12 Prelims

1	Hellfeld, Matilda	19	Nofio Bangor	2:34.60
2	Lythgoe, Manon	16	Swansea Aq	2:34.40
3	Dwyfor-Clark, Efa	16	NofioGwynedd	2:34.30
4	Tree, Charlotte	21	Swansea Uni	2:33.50
5	Smith, Amelia	17	Co Cardiff	2:33.75
6	%Williams, Rose SM14	17	Co Cardiff	2:34.39
7	Martin, Lara	17	Bridgend Cty	2:34.50
8	Parfitt, Lucy	17	Co Cardiff	2:35.30

Heat 10 of 12 Prelims

1	Williams, Lowri	15	Swansea Aq	2:31.20
2	Roberts, Megan	18	Wrexham	2:28.90
3	Hornby, Rachel	21	Swansea Uni	2:24.12
4	Williams-Jones, Phoebe	19	Co Cardiff	2:21.30
5	Gibson, Mari	17	Co Cardiff	2:23.50
6	Humphreys, Ffion	17	NofioGwynedd	2:27.50
7	Hall, Emily	15	Warrington W	2:30.40
8	Daniel, Megan	15	Caradon	2:31.89

Heat 11 of 12 Prelims

1	Thomas, Serenity	15	NofioGwynedd	2:30.90
2	Evans, Gwenllian	16	Co Cardiff	2:28.12
3	Wheeler, Oriana	20	Swansea Uni	2:23.90
4	Taylor, Theodora	16	Torfaen D	2:18.28
5	Rees, Katie	27	Swansea Uni	2:22.00
6	Crowley, Amy	20	Co Cardiff	2:27.00
7	Nichols, Grace	15	Pembs Cty	2:30.20
8	Lee, Edith	15	Co Cardiff	2:31.53

Heat 12 of 12 Prelims

1	Anderson, Rosalie	15	Co Cardiff	2:30.44
2	Day, Hannah	17	Co Cardiff	2:28.09
3	Stoimenova, Kameliya	22	Swansea Uni	2:23.77
4	Major, Scarlet	22	Swansea Uni	2:16.68
5	Owen, Gracie	17	Torfaen D	2:22.00
6	Titchener, Megan	17	Torfaen D	2:24.22
7	Andrews, Joanne	15	EllesmereCSA	2:29.70
8	Davis, Bethan	20	Swansea Uni	2:31.31